

Between Families Article – July 2026

Title: Summer Ideas for Kids in Foster Care or Adoptive Homes

Article link: [Summer ideas for kids in foster care or adoptive homes – AdoptUSKids blog](#)

Questions:

1. Meltdowns and arguments are common as routines are disrupted.

True

False

2. Foster Parents should not need to talk with their worker when childrens' behaviors change, since the worker would already know that information.

True

False

3. Resource parents should look into the following for support sources when things feel challenging:

Support Groups

Respite Care

Locating education about trauma and behaviors

All of the above

4. Summer camps are probably not a good activity idea due to the lack of structure.

True

False

5. There are summer camps designed strictly for children foster care.

True

False

6. To possibly receive financial assistance for some summer camps, resource parents should check with the child's:

Therapist

Bio family

Case Manager or Subsidy Worker

Teacher

7. Resource parents likely should not pursue overnight camps if a child has been in their home less than:

6 months

3 months

2 years

1 year

8. According to the article, school provides important _____ for children.

Testing

Structure

Lesson Plans

Activities

9. When planning summer activities, creating a to-do checklist is helpful.

True – Checklists can help eliminate decision fatigue.

False – Just plan ‘willy-nilly,’ that’s half the fun of summer.

10. According to the article, a resource child’s first year in the home is crucial for _____.

Bonding

Discipline

Fun

The case plan

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Answers:

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