

5 Ways to Manage Mother's Day with Foster Children

Quiz Questions

1. Mother's Day can be hard for many foster children because they have experienced _____.
 - a. sadness and dread
 - b. parental death or illness
 - c. a sense of loss or abandonment
2. Foster children may approach Mother's Day with _____ or even _____.
 - a. anger or pain
 - b. sadness or dread
 - c. love or thoughtfulness
3. Why is it important to talk about Mother's Day with your foster child?
 - a. to understand their thoughts about the day
 - b. to remind them why the day is important to all moms
 - c. to acknowledge their relationship with their biological mother
4. If your foster child has a clear sense of loss or pain about Mother's Day, you should _____ and _____ those feelings.
 - a. question and ignore
 - b. understand and process
 - c. acknowledge and address
5. What **two** things can come from encouraging openness about feelings?
 - a. acknowledgement
 - b. indifference
 - c. reassurance
 - d. safety
6. Why should you talk to your foster child's teacher about Mother's Day?
 - a. to encourage the teacher to discuss the day with the whole class
 - b. to alert the teacher about possible changes in the child's behavior
 - c. to create boundaries for the child's participation in class art projects
7. You should not ask your foster child if they'd like to honor their biological mother.
 - a. True
 - b. False
8. What should you do if your family includes both biological and foster children?
 - a. encourage your foster children to guide the day's activities
 - b. allow your biological children to create their Mother's Day cards
 - c. talk to your biological children about including your foster children
9. You should not force foster children to celebrate Mother's Day.
 - a. True
 - b. False
10. There is a right and a wrong way to celebrate Mother's Day.
 - a. True
 - b. False

Answer Key

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